

Free parenting seminar

Children and screens: how much is too much?



Parenting SA



Are screens a big part of your child's life? Do you wonder about the positives and negatives and the best approach to take in your parenting?

Come and hear Dr Kristy Goodwin and Dr Justin Coulson talk about:

- how much screen time is reasonable
- preventing and managing techno-tantrums
- what healthy technology use looks like and how to keep things in balance
- keeping children safe online.

This seminar is designed for parents/carers of children 3-15 years.

Register to attend in person or view the live webcast at:

Online: <http://parentingsa.eventbrite.com.au>

Phone: 8303 1660

Email: health.parentingsa@sa.gov.au



Dr Kristy Goodwin
www.drkristygoodwin.com



Dr Justin Coulson
www.happyfamilies.com.au

Wednesday 17 June

When: 7.00 - 9.00pm

Where: City Rooms
Adelaide Convention Centre
North Terrace, Adelaide

Helping parents be their best



Government of
South Australia